



Information for teenagers and young adults: Who? What? How?

Case Management Vocational Education and Training

WHO?

Who is Case Management Vocational Education and Training aimed at?

Case Management Vocational Education and Training is aimed at young people from the age of 14 and young adults up to the age of 25 from the canton of Bern who have 'multiple difficulties' when entering professional life.

What are 'multiple difficulties'?

Some of the following examples or similar issues apply to me:

- I don't have a solution yet for what comes next
- My family doesn't know the Swiss school system well and can't help me
- I have difficulties with school, health, family or socialising

WHAT?

Case Management Vocational Education and Training is a free and voluntary service. A personal case manager (CM) supports and accompanies you in the transition from compulsory school to the successful completion of basic vocational training.

What do I have to do?

- I get actively involved
- I stick to mutual agreements
- I stay in touch
- I want to achieve my goal
- I want to be supported

HOW?

What is my situation?

I describe my situation at school, in my family and in my free time to the CM.

Together, we find out why I have difficulty moving forwards and where my strengths lie.

The CM talks to me and analyses my current situation with me.

I consent to information being sourced from other institutions and specialists so that their assessments can be brought in and the various issues can be ranked. That way, the CM can support me.

We both sign an agreement to ensure data protection.

How do I achieve my goals?

Together, we discuss what I need to be able to achieve my goal of successfully completing an apprenticeship. We set goals together and think about how they can be achieved.

I have to agree to our plans, be active and stick to the agreements.

The CM helps me to organise help from additional specialists who can provide me with further support in achieving my goals. Possible sub-goals may include:

- finding out which line of work I want to do an apprenticeship in
- organising my search for taster courses and an apprenticeship
- putting together my application
- expanding my academic knowledge
- finding out whether I need medical support
- organising therapeutic support or evaluations

How long does the support last?

It is important that I manage to start my professional life and have a professional qualification. On the way there I will be supported and accompanied by the CM as needed.

The Case Management Vocational Education and Training will end if and when, for example:

- I achieve the goals I set myself
- I repeatedly don't stick to the agreements
- I break off contact with the CM
- I have achieved sustained success in my apprenticeship and no longer need support
- I have successfully completed my training